

# St. Mark's Church of England Primary School

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Headteacher: **Peter Barfoot**



28th September 2020

Dear Parents

## **Relationships Education and Personal, Social, Health and Economic Education (PSHE)**

From September 2020 maintained primary schools in England are expected to follow new government guidance on the teaching of Relationships Education. This new material is a really important addition to the curriculum, reflecting, and helping to prepare children for, the complexities of life in the modern world.

Over recent months, the Governing Body has worked with the teaching staff to agree how this will be taught in our setting. We have decided to adopt the programmes of study published by the PSHE Association. The PSHE Association approach has been to incorporate Relationships Education into the wider teaching already covered in PSHE, adding anything that is new in the government guidance. By taking this approach we have not had to establish a new, discreet subject.

The content of our new PSHE curriculum is structured around three core themes, each with five related aspects:

- **Health and Well-being**
  - healthy lifestyles and physical well-being
  - mental health
  - ourselves: growing and changing
  - keeping safe
  - drugs, alcohol and tobacco
- **Relationships (incorporating the new government programmes of study)**
  - families and close positive relationships
  - friendships
  - managing hurtful behaviour and bullying
  - safe relationships
  - respecting self and others
- **Living in the Wider World**
  - shared responsibilities
  - communities
  - media literacy and digital resilience
  - economic well-being: money
  - economic well-being: aspirations, work and career

Each class will cover up to 6 units of work each year based on key questions. This is an 'enquiry' approach that we already use as a starting point to learning in a number of other subjects: history, geography and RE.

The key questions for each year group are listed on the document you will receive with this letter.

More detailed lists and descriptions of the areas covered in the various elements of the programmes of study are available on the curriculum page of the school website: <https://stmarksschoolnatland.co.uk/curriculum2.html>

We will review the introduction of the new PSHE curriculum, and the Relationships Education element in particular, as the year progresses.

Yours sincerely,

Peter Barfoot , Headteacher

