

# ST. MARK'S C.E. PRIMARY NATLAND

## WEEK 3

Freshly  
made  
every day!



**DAY**

**CHOICE 1**

**CHOICE 2**

**CHOICE 3**

**PUDDING**

**Monday**

Cheese and Tomato Pizza served with Oven Baked Wedges, Spaghetti Hoops and Salad

Cod Nibbles served with Oven Baked Wedges, Spaghetti Hoops and Salad

Baked Jacket Potato served with a selection of Fillings and Fresh Salad

Cookie and Milk Drink OR Fruit Yoghurt OR Cheese, Crackers and Grapes OR a selection of Fresh Fruit

**Tuesday**

Chicken Fillet in Gravy served with Pasta Spirals, Peas and Sweetcorn

Meatballs in Gravy served with Pasta Spirals, Peas and Sweetcorn

Baked Jacket Potato served with a selection of Fillings and Fresh Salad

Fresh Fruit Salad & Ice Cream OR Fruit Yoghurt OR Cheese, Crackers and Grapes OR a selection of Fresh Fruit

**Wednesday**

Roast Chicken and Yorkshire Pudding served with Mashed Potatoes, Carrots and Broccoli

Roast Chicken and Yorkshire Pudding served with Mashed Potatoes, Carrots and Broccoli

Baked Jacket Potato served with a selection of Fillings and Fresh Salad

Cornflake Tart and Custard OR Fruit Yoghurt OR Cheese, Crackers and Grapes OR a selection of Fresh Fruit

**Thursday**

Kitchen Made Lasagne served with Garlic Bread Slice and Salad Platter

Spaghetti in Tomato Sauce served with Garlic Bread Slice and Salad Platter

Baked Jacket Potato served with a selection of Fillings and Fresh Salad

Chocolate Brownie and Orange Wedge OR Fruit Yoghurt OR Cheese, Crackers and Grapes OR a selection of Fresh Fruit

**Friday**

Oven Baked Fish Fillet served with Chips, Beans and Salad

Homemade Chicken Goujons served with Chips, Beans and Salad

Baked Jacket Potato served with a selection of Fillings and Fresh Salad

Jam Sponge & Custard OR Fruit Yoghurt OR Cheese, Crackers and Grapes OR a selection of Fresh Fruit

**Available Daily: Fresh and Dried Fruit, Salad Bar and Bread!**

If you have any questions about food allergens please speak to the kitchen team who will be happy to help

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