

ST. MARK'S C.E. PRIMARY NATLAND

WEEK 3

Freshly
made
every day!



DAY	CHOICE 1	CHOICE 2	CHOICE 3	PUDDING
Monday	Cheese and Tomato Pizza served with Oven Baked Wedges, Spaghetti Hoops and Salad	Cod Nibbles served with Oven Baked Wedges, Spaghetti Hoops and Salad	Baked Jacket Potato served with a selection of Fillings and Fresh Salad	Cookie and Milk Drink OR Fruit Yoghurt OR Cheese, Crackers and Grapes OR a selection of Fresh Fruit
Tuesday	Chicken Fillet in Gravy served with Pasta Spirals, Peas and Sweetcorn	Meatballs in Gravy served with Pasta Spirals, Peas and Sweetcorn	Baked Jacket Potato served with a selection of Fillings and Fresh Salad	Fresh Fruit Salad & Ice Cream OR Fruit Yoghurt OR Cheese, Crackers and Grapes OR a selection of Fresh Fruit
Wednesday	Roast Chicken and Yorkshire Pudding served with Mashed Potatoes, Carrots and Broccoli	Roast Chicken and Yorkshire Pudding served with Mashed Potatoes, Carrots and Broccoli	Baked Jacket Potato served with a selection of Fillings and Fresh Salad	Cornflake Tart and Custard OR Fruit Yoghurt OR Cheese, Crackers and Grapes OR a selection of Fresh Fruit
Thursday	Kitchen Made Lasagne served with Garlic Bread Slice and Salad Platter	Spaghetti in Tomato Sauce served with Garlic Bread Slice and Salad Platter	Baked Jacket Potato served with a selection of Fillings and Fresh Salad	Chocolate Brownie and Orange Wedge OR Fruit Yoghurt OR Cheese, Crackers and Grapes OR a selection of Fresh Fruit
Friday	Oven Baked Fish Fillet served with Chips, Beans and Salad	Homemade Chicken Goujons served with Chips, Beans and Salad	Baked Jacket Potato served with a selection of Fillings and Fresh Salad	Jam Sponge & Custard OR Fruit Yoghurt OR Cheese, Crackers and Grapes OR a selection of Fresh Fruit

Available Daily: Fresh and Dried Fruit, Salad Bar and Bread!

If you have any questions about food allergens please speak to the kitchen team who will be happy to help

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